## LaRC SAFETY HIGHLIGHTS

June 16, 2003



 $(\ )=Number\ of\ new\ occurrences$ 

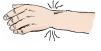
OSHA Recordable Cases = Fatalities, Lost Time, Incidents and Restricted Work Incidents.

Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost.

Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

## **Injury/Mishap Information**

 The Center has been 82 days without a Civil Servant Lost Time Injury. (Record 433 days)



- **Restricted Work Day Incident** A SMC employee sustained a right wrist strain, due to the repetitive motion involved in assembling double-ended cables (stripping insulation, twisting wires, soldering connectors), resulting in 13 restricted work days. In the future, the employee will perform ergonomic exercises prior to performing similar tasks to deter further wrist strain.
- No first aid cases involving civil servants were reported.



**Sharp Objects -** To prevent cuts, abrasions, and puncture wounds:

- Put sharp objects away, in their proper place
- Hold sharp objects securely by their handles
- Don't leave sharp objects lying out on a table, counter, or other surfaces
- Wear gloves when handling objects with a sharp edge



**Weekly Video Schedule** - June 16-20, 2003 - Eye Protection - Why Gamble?; Hearing Protection - It Makes Sense; Safety Meetings - Give'Em What They Want; Office Safety - It's a Jungle in There; and A Welcome Interruption - Ground Fault Current Interrupters. (Contact Chip Quinn, 48743)